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BUFFALO NATIONAL COLLEGE FAIR | BUFFALO NIAGARA CONVENTION CENTER

Wednesday, March 20 • 9 am - 12 pm • 6 pm - 8:30 pm / Thursday, March 21 • 9 am - 12 pm

STUDENT REGISTRATION!

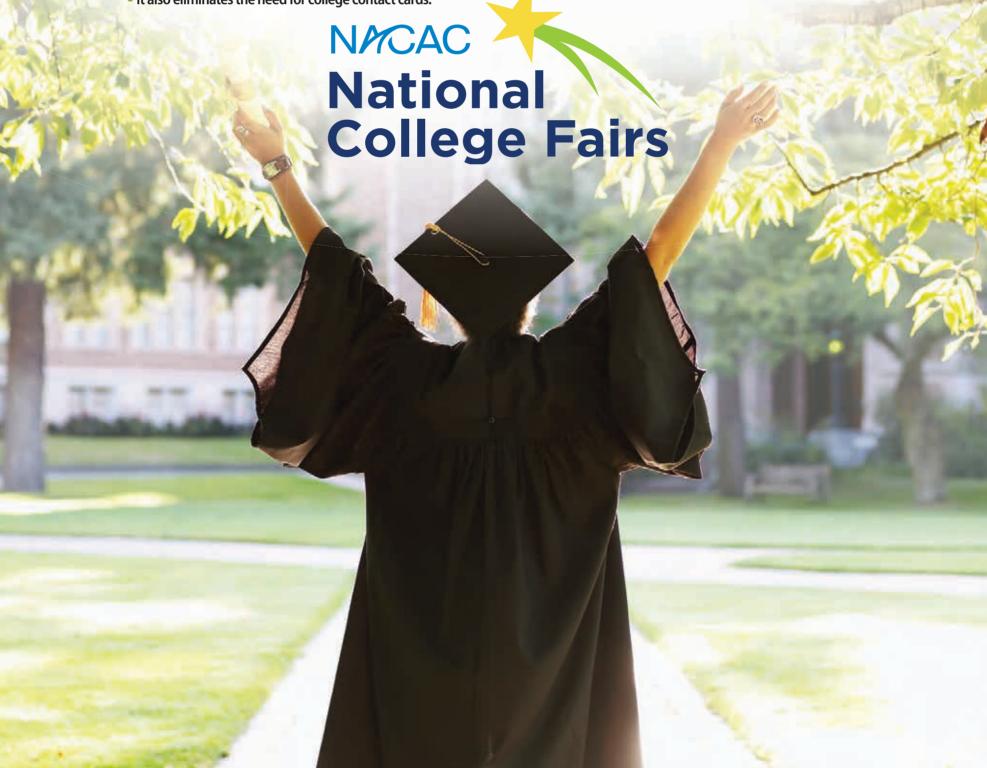
Students can register for NACAC National College Fairs by going to **www.gotomyncf.com**

Some benefits of online student registration

- Students register for the fair one time.
- Entering the information one time allows the student to elaborate on special interests, extracurricular activities, and accomplishments.
- It also eliminates the need for college contact cards.

FREE

Register Now at www.gotomyncf.com





Confidence • Clarity of Direction • A Heightened Sense of Purpose

A Niagara University education delivers a coveted 21st-century degree, one that empowers graduates with the skills and **confidence** to excel as professionals *and* people.

At Niagara, you'll participate in a vast array of academic, research and leadership opportunities that will help you realize your fullest potential. Our faculty, among the most highly credentialed in the world, are caring mentors who will provide you with **clarity of direction** — both during and after your time at NU.

And with programs informed by our Vincentian heritage, becoming a member of the Niagara family will also instill in you **a heightened sense of purpose** through robust student life, service-learning and study abroad experiences.

We are

The Promise of Tomorrow.

THE POWER OF NIAGARA.

Schedule a personal visit by calling **1.800.462.2111** or visit us online at www.niagara.edu.



800.462.2111 • www.niagara.edu

Make the most of your visit to the National College Fair

eady to take the next step in your education?
There's no better place to explore your options than at a NACAC National College Fair.
Admission representatives from schools across the country are all gathered in one place. Their goal: To encourage you to learn more about their institutions, and help you sort through the qualities you're looking for in a college.

Take advantage of their expertise, and make the most of your time by following these simple steps.

Before the fair

Review the list of colleges attending the fair. Make your own list of 15-25 colleges you would like to get information from at the fair.

- Review the Buffalo College Fair website (buffalocollegefair.com) to get the most updated list of the colleges attending the fair and review the booth assignments of those colleges.
- Look at the websites of the colleges that interest you. The NACAC website (nacacnet.org) provides links to all of the colleges/universities attending the fair.
- Register with lead retrieval program at (buffalocollegefair.com). This will save a lot of time; you will be able to visit more booths. It will also make it easier for colleges to send specific information about areas of interest.

"Planning ahead can help you stay focused," said Cynthia Kaan, a Ferris State University (MI) admission officer. "If you have certain schools you know you are interested in, don't limit yourself, but make learning about those schools your priority."

During the fair

Review the map of the Buffalo Niagara Convention Center floor plan well before the fair and review the listing of the colleges at the fair with their corresponding booth numbers. Find and circle your colleges of choice.

- Visit the booths of your top choice schools first, and don't forget to ask questions.
- Act appropriately at the fair, use the hour of time you have there wisely, don't group together with your friends and stand around wasting valuable time.
- Listen to the PA system for the announcement of your school leaving.
- Once your school has been announced (ie. Holland High School students please report to your buses). At that time – go to the escalator – and go down to the main level entrance and board the buses.

Make your questions count

Like so many other things in life, a successful visit to a National College Fair is marked by quality, not quantity.

In other words: Rather than focusing on collecting a brochure from every college booth, make it your goal to have in-depth conversations with a few of the college reps on hand.

"I encourage students to not just stop by the table and pick up a brochure, but rather engage the representative with a few questions," said Valencia Hamman, co-director of college counseling at La Jolla Country Day School (CA). "That means you want to come into the fair with a list of questions so you're ready for that opportunity."

Don't waste time on softball queries, such as "Is your nursing program good?"

"That's not a good question because it gets you nowhere ... no one is going to tell you that their program is terrible, or that it is struggling," Kaan said. "If you're interested in a specific program, like nursing, ask college reps what sets their program apart from other colleges, or ask them to compare their nursing program with one at another college that you're considering."

Keep an open mind

Take time to do a little exploring.

Yes, it's important to plan ahead and select a few colleges you know you want to visit. But each fair draws representatives from 175 to 400 campuses. The schools are located throughout the U.S., and from around the globe.

"Do your research, but also have an open mind," Hamman said. "Sometimes students take time to talk with a representative from a school that they really hadn't considered before and it becomes a part of their list."

Learn about the process

What's the deal with college entrance tests? What do admission officers look for in a college essay? How can I find out if I'm eligible for financial aid?

No matter where you end up enrolling, you'll likely encounter at least one of these questions during the college application process.

Use your visit to a National College Fair to get a head start. Check out the fair's education sessions, covering topics ranging from college costs, to student athlete eligibility and college selectivity.

Each fair also includes a counseling center, oftentimes an invaluable resource for students with specialized interests.

After the fair

Review all of the materials you received at the fair, share

the information with your parents.

- Cross off or add colleges to your list of schools you are interested in.
- Go online, visit the colleges' websites, and set up a visit to colleges of interest.

High school calendars are often different from college calendars – there are times throughout the school year when colleges are in session and your high school might be on vacation – this would be an opportune time to set up a college visit.

It is **VERY** important to visit a college before you commit to attending there. Remember: Your trip to a college fair is the beginning – not the end – of your college search.

- National Association for College Admission Counseling, nacacnet.org

NMCAC

About NACAC

he National Association for College Admission Counseling (NACAC), founded in 1937, is an organization of more than 15,000 professionals from around the world dedicated to serving students as they make choices about pursuing postsecondary education.

NACAC is committed to maintaining high standards that foster ethical and social responsibility among those involved in the transition process, as outlined in the NACAC Statement of Principles of Good Practice (SPGP).

A member-directed organization, NACAC is governed by its voting members; an Assembly of delegates elected by voting members in NACAC's state and regional affiliates and by an elected Board of Directors.

The Board of Directors sets the strategic direction for NACAC. Additionally, 10 standing committees, and hoc committees, and an Affiliate Presidents Council lend their expertise and experience to the issues, programs and governance that keep the association vibrant in its service to members, the profession, and students.

NACAC's award-winning publications and other media resources, professional development programs and practical research efforts have all been designed to give counseling and admission professionals the tools they need to improve the counseling services they provide to students.

NACAC National College Fairs

Buffalo Fair March 20-21, 2019

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Educational Consultant, Coates College Consulting

■ Harry Gong

Director of Admissions Operations, Niagara University

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School Counselor, Orchard Park High School

■ **Trey Gardner**School Counselor

School Counselor, Clarence High School

Information Sessions

Cheryl Goldstone

School Counselor, Williamsville South High School

Dr. Maryanna Fezer-Stout

School Counselor, Tonawanda High School

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School Counselor, Health Sciences Charter School

Transportation & High School Communication

JenniferCotroneo

School Counselor, Frontier High School

Patrick Mandia

School Counselor, Erie 1 BOCES





Buffalo National College Fair Information Sessions

Wednesday, March 20, 2019

Workshops are located on the first floor of the convention center.

How to Get the Most out of the College Fair

Pre-Session • 5:45 – 6:00 PM, Room

Presenters: **David Coates**, Private Consultant; **Harry Gong**, Director of Admissions Operations, Niagara University

Selective Admissions: What Really Counts

Session 1 • 6:30 – 6:50 PM, Room 106A Presenter: Jane Mathias, School Counselor, Nardin Academy

Are you a highly motivated student, sporting a strong record that includes something distinctive on top? From the standpoint of highly selective colleges, what factors are considered paramount in the admissions process?

Students Seeking Accessibility Resources

Session 1 - 6:30 - 6:50 PM, Room 106B

Presenter: **Randy Borst**, Director of Accessibility Resources, UB

Learn how to request accommodations at the college level (including testing, note-taking). What should be in the IEP or 504 Plan to aid your transition? How to document the disability and need for accommodations. Who should you contact; when in the application process should you contact; what accommodations are available at the college level.

Financial Aid 101

Session 2 • 7:00 - 7:30 PM, Room 106B

Presenter: **Katie Kocsis,** Director of Financial Aid, Niagara University

You can never have enough information on financial aid. This workshop is designed to help answer questions that students and parents may have about the process of determining financial need and awarding aid.

SAT/ACT

Session 2 • 7:00 - 7:30 PM, Room 106A

Presenter: Sharon Bertucci, School Counselor, City Honors

An overview of both tests will be presented. Tips and advice on how to best prepare for the tests will be discussed as well as how results are used for college admission decisions.

College Athletics

Session 2 • 7:00 - 7:30 PM, Room 103

Presenter: **Kelly Cruttenden,** Staff member, Associate Athletic Director, University at Buffalo

Important information for prospective student athletes will be explored. Topics include recruitment rules, academic eligibility, letters of intent, and registration with the NCAA Eligibility Center.

The Right College

Session 3 • 7:40 - 8:10 PM, Room 103

Presenter: **Dean Reinhart,** PhD., Associate Director of Admissions, Buffalo State College

How do you find the college that is right for you? This workshop will help students and parents examine the important factors to consider when making a decision on where to go to college.

The College Essay

Session 3 • 7:40 - 8:10 PM, Room 106A

Presenter: **Austin Brass,** Director of Undergraduate Admissions, Daemen College

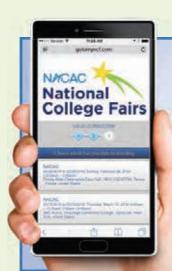
This session gives you the opportunity to learn about what colleges are looking for when reading college essays. You will leave this session with confidence in writing you college essay. Some of the questions that will be addressed are: how do I decide on a topic? What are the skills needed to start writing the college essay? How do I know if this is the right essay to submit?

Applying for Scholarships

Session 3 • 7:40 - 8:10 PM, Room 106B

Presenter: **Cheryl Goldstone,** School Counselor, Williamsville South HS

This presentation offers a brief overview on private scholarships and tips for completing scholarship applications. Learn how to conduct scholarship searches using the internet and receive advice on searching for scholarships, letters of recommendation, and writing essays for the scholarship application. The Excelsior Scholarship will also be discussed.



Mobile Registration

Register today at www.gotomyncf.com

The benefits of online student registration

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- Students are easily able to elaborate on special interests, extracurricular activities, and accomplishments.

































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lanning to go to college? It's important you take the right classes in high school. Beginning in ninth grade, the majority of your classes should be ones that will prepare you for college. When it comes time to apply, you want to make sure you meet the admission criteria for ALL colleges in which you are interested. It's always better to be over-prepared than under-prepared.

Here's what you need by the end of your senior year in order to meet the admission criteria at a majority of colleges.

Math

Sign up for four full years of math classes. Students who take math in each year of high school are far more successful in college than students taking only three years. Never skip a year of math in high school because you will lose your momentum. Your math classes should include at least four of the following six classes, taken in this order:

pre-algebra algebra geometry algebra II and/or

trigonometry

precalculus calculus

English

Make sure you take four full years of English classes. This includes courses in which you study writing and courses in which you read literature. You need to be able to write well in nearly every career. Use your English classes to read, analyze, and develop strong communication

Science

Take three to four years of laboratory science classes. You will have the strongest background if you have taken at least one year each of: biology

chemistry

physics

Arts

A small number of colleges require one year of visual or performing arts prior to admission.

Foreign Language

Take two to four years of a foreign language. More and more colleges are requiring a minimum of two years of language study while in high school.

Social Studies

Two years, at a minimum, of social sciences are required by most colleges. The majority of college freshmen studied world history and U.S. history in high school. Other social science options include:

government sociology

geography psychology





Picture yourself at Alfred State

10 Upper College Drive Alfred, NY 14802 607-587-4215 or 1-800-4ALFRED Web: alfredstate.edu

Description: At Alfred State, your career is our most important mission. With our emphasis on hands-on, project-based learning, you'll truly know how to solve problems you'll face on the job, and acquire the skills and knowledge employers seek.

You may choose from more than 70 majors in such fields as agriculture, architecture, business, health, applied and engineering technologies, or the arts and sciences. At Alfred State, you'll enjoy individualized attention and support because of small class sizes.

Our faculty love what they do. And because they have real-world experience, they are experts in their field and will guide you on real-world projects every day.

A lot of your education also happens outside the classroom. That's why Alfred State has more than 100 clubs and organizations from which to choose. Alfred State offers 19 intercollegiate sports, as well as plenty of intramurals

Through our civic engagement programs, you can channel your passions by getting involved and making a difference. Alfred State students are born leaders, so civic engagement with a global focus is big on campus

Where you live on campus is also important. Alfred State's 13 residence halls offer a comfortable setting, and are designed to fit the needs of our diverse student body.

Alfred State is located in the rural village of Alfred, which lies in the scenic foothills of the Allegheny Mountains. Within a couple hours of the college, you'll find attractions such as Niagara Falls, Letchworth State Park, and Finger Lakes wineries.

Come check us out for yourself and find out how Alfred State can help get you on the right path to a rewarding career!

Founded: 1908

Degrees and majors offered: BArch: Architecture BBA: Business Administration; Financial Planning; Sport Management; Technology Management BS: Architectural Technology; Computer Engineering Technology; Construction Management; Criminal Justice; Digital Media and Animation; Electrical Engineering Technology



gy; Forensic Science Technology; Game and Interactive Design; Graphic and Media Design; Health Sciences; Human Services Management; Mechanical Engineering Technology; Mechatronics Technology; Nursing; Surveying and Geomatics Engineering Technology BTech: Construction Supervision; Cyber Security; Healthcare Management; Information Technology: Applications Software Development; Information Technology: Network Administration; Information Technology: Network Administration; Information Technology: Web Development; Interdisciplinary Studies AA: Liberal Arts and Sciences: Adolescent Education (Teacher Education Transfer); Liberal Arts and Sciences: Math & Science; Liberal Arts and Sciences: Social Science; Pre-Environmental Science and Forestry (option within Liberal Arts & Sciences: Math & Science program) AAS: Accounting; Agricultural Automation and Robotics; Agricultural Business; Agricultural Technology; Architectural Technology; Biological Science; Computer Engineering Technology; Computer

Information Systems; Construction Engineering Technology; Court and Realtime Reporting; Diagnostic Medical Sonography; Digital Media and Animation; Electrical Engineering Technology; Environmental Technology; Health Information Technology; Interior Design; Marketing; Mechanical Engineering Redinology; Mechatronics Technology; Nursing; Radiologic Technology; Surveying Engineering Technology; Veterinary Technology; AOS: Autobody Repair; Automotive Service Technician; Building Trades: Building Construction; Culinary Arts; Baking, Production and Management; Drafting/CAD; Electrical Construction and Maintenance Electrician; Heating Ventilation and Air Conditioning; Heavy Equipment Operations; Heavy Equipment: Truck and Diesel Technician; Machine Tool Technology; Masonry; Motorsyorts Technology; Welding Technology AS: Business Administration; Computer Science; Criminal Justice; Engineering Science; Game and Interactive Design;

Graphic and Media Design; Human Services; Individual Studies; Sport Management Certificate: Coding & Reimbursement Specialist; Court Reporting and Captioning. An Undeclared Major is also available.

Current Enrollment: 3,700

Faculty: 231 full- and part-time faculty; 18:1 Student to faculty ratio

Tuition/costs: In-State Tuition: \$6,870; Room and board: \$12,570; Student fees: \$1,700

Financial aid: See website: www.alfredstate.edu, or call 607-587-4253 or 1-800-4ALFRED

Admissions: \$50 application fee; rolling admissions; see website for required documents

Open House dates: Saturday, March 30; Sunday,



Certificates,
Associate's &
Bachelor's Degrees
in Healthcare,
Business, Hospitality
& Technology

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OPEN HOUSE

APRIL 13

PROGRAMS OF STUDY

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Data Analytics

Diagnostic Medical Sonography

Echocardiography

General Studies

Healthcare Informatics

Health Information Technology

Hospitality Management

Human Resource Management

Massage Therapy

Medical Assisting

Nursing

Radiologic Technology

Surgical Technology











NIAGARA COUNTY COMMUNITY COLLEGE



April 4th 5:30-7:30pm April 6th 11:00am-1:00pm

Sanborn Campus

Enter through Athletics (H-Building) - Parking Lot 1

- NCCC faculty from more than 60 degree & certificate programs
- Admissions, Financial Aid, Student Housing
- Transfer Information (Dual Admission, Joint Registration & Articulation)
- Financial Aid Seminar
- **Educational Opportunity Program** (EOP) Information

3111 Saunders Settlement Road Sanborn, NY 14132

716-614-6222 • www.niagaracc.suny.edu



PRE-REGISTER TODAY!

www.niagaracc.suny.edu or call 716-614-6222

THE SMART PLACE TO START

NIAGARA FALLS CULINARY INSTITUTE



SPRING 2019 OPEN HOUSE

April 24th 6:00-8:00pm April 27th 11:00am-1:00pm

BOLD. ADVENTUROUS. THE OPPOSITE OF GENERIC.

At the Niagara Falls Culinary Institute, your student experience will be as distinctive as gourmet dining. Join us for an open house at our facility in downtown Niagara Falls to start your journey toward a great career.



Where every matters.

Please register for open house at: www.nfculinary.org/oph

If you have any questions, contact us at: (716) 210-2525

NFCIStudentService@niagaracc.suny.edu

28 Old Falls Street, Niagara Falls, NY 14303 716-210-2525 • www.nfculinary.org

Buffalo State College

Established ~ 1871

Believe. Inspire. Achieve.

Buffalo State College: The largest State University of New York (SUNY) comprehensive college, offers degrees in the arts, education, the sciences, and professional studies. Each year, nearly 10,000 students believe, inspire, and achieve through their urban-engaged educational experiences, on and off campus in Buffalo's historic Elmwood Village

Here are just a few of the amazing attributes you'll find as a student at Buffalo State

Broad Array of High-Quality Academic Pro-grams: Buffalo State offers more than 165 undergrad-

uate programs along with honors options and more than 65 opportunities for graduate study. At the same time, the college is recognized for its faculty excellence in classroom teaching and scholarship and is known for its small class sizes – nearly 90 percent of all classes have fewer than 40 students. Buffalo State offers the perfect academic blend: small college learning environments coupled with large university opportunities.

Diverse and Creative Environment: Buffalo State is among the most diverse colleges in the SUNY system, a characteristic that's reflected in the myriad of people, ideas, experiences, and program offerings found here.



BUFFALO STATE

This diverse and creative environment fosters student growth and success

Hands-on Learning Opportunities: Buffalo State takes advantage of its location in the second-largest city in New York State by offering extensive undergraduate research opportunities internships, service-learning programs, and career development services that benefit students and the community. As a result, job possibilities for graduates are strong and varied

Smart Educational Investment: Buffalo State is one of the most affordable universities – public or private – in New York and beyond and we offer financial aid to approximately 85 percent of our undergraduates with an average award package of more than \$10,000. Our graduates join a career network of more than 100,000 Buffalo State alumni (and more than 2.4 million SUNY alumni) living around the globe. A SUNY diploma has instant credibility wherever you go.

Location In the Heart of Buffalo's Cultural

Corridor: The campus is located on a 125-acre parcel in Buffalo's museum district, adjacent to the Albright-Knox Art Gallery and Delaware Park. The Elmwood Village neighborhood is lined with a vibrant mix of trendy cafés, restaurants, shops, and Victorian-style housing. On campus, the Performing Arts Center at Rockwell Hall Burchfield Penney Art Center, Warren Enters Theatre, Czurles-Nelson Gallery, and Bacon Student Art Gallery place the arts and creativity right at students' fingertips.

Canisius College

2001 Main St. **Buffalo, NY 14208** Phone: 716-888-2200 Fax: 716-888-2525 Web: canisius.edu

Description: Founded in 1870, Canisius is a private, master's-level institution consistently ranked among the top colleges and universities in the Northeast. One of 28 Catholic, Jesuit colleges in the nationand the only Jesuit college in Western New York—Canisius is grounded in a 450-year-old tradition of intellectual inquiry, inspired leadership and service to others. Central to the mission are the Jesuit values of cura personalis (care for the whole person), magis (the pursuit of excellence) and a commitment to social justice. Students benefit from a unique blend of liberal arts and pre-professional

programs, and are encouraged to participate in local and global service-immersion opportunities.

Thanks to a student-faculty ratio of 11:1, professors and advisers get to know students on a personal level Close collaborations allow for individualized academic paths and unmatched experiential learning opportu nities. Students majoring in science, for instance, can partner with faculty on research opportunities not typically available at the undergraduate level. Through the Canisius Earning Excellence Program, more than 100 annual research stipends are awarded to students in a variety of majors.

For the past six years, Canisius pre-health students have achieved a nearly 90-percent acceptance rate to medical and dental schools. For the past eight years, pre-law students have been accepted to law schools at a similar rate. Canisius also tops the list for undergraduate business, achieving exceptional outcomes for finance and accounting

Located in historic Hamlin Park, Canisius gives students easy access to the best Buffalo has to offer-Delaware Park, Elmwood Village, Hertel Avenue, Canalside and much more. Because of this central location, along with strong local alumni connections, students enjoy some of the most coveted internships in the city. On campus, students can get involved in 90 student-run organizations and cheer on 20 NCAA Division 1 athletic teams

Majors or Degrees Offered:

- More than 100 undergraduate majors, minors and special programs in schools of Business, Education and Arts & Sciences
- · 35 master's and certificate programs
- Pre-professional programs in health, law and engi-
- Combined degree programs include the BA/MBA joint degree and early assurance programs in health



professions are offered in partnership with SUNY Upstate Medical University, SUNY College of Optometry, University at Buffalo School of Pharmacy, Lake Erie College of Osteopathic Medicine, D'Youville School of Pharmacy and the Ontario Veterinary College at the University of Guelph; joint degree programs in engineering offered in partnership with Penn State Erie and University at Buffalo

Academic Calendar: Fall and spring semesters plus

Current Enrollment:

- Undergraduate: 2,256

Faculty:

- 148 full-time · 220 part-time
- 95% of full-time faculty hold PhDs or terminal
- degrees · Canisius student-to-faculty ratio is 11:1

Tuition/costs: 2019-20 Tuition and Fees: \$29,428

Financial Aid: 94% of students receive institutional aid and scholarships

Majors/degrees: More than 80 degree and certificate

Admissions: Nov 1: Early Action deadline After Nov 1: Rolling admissions

SUNY Erie Community College

City Campus: 121 Ellicott Street, Buffalo, NY 14203 • North Campus: 6205 Main Street, Williamsville, NY

14221 • South Campus: 4041 Southwestern Blvc Orchard Park, NY 14127

Phone: 716-851-1322 Fax: 716-851-1129 Web: ecc.edu

Description: SUNY Erie Community College is committed to meeting the needs of a diverse, entrepreneurial student body, while contributing to the economic vitality of Western New York. Our three-campus college provides an innovative academic environment, ranks as one of the nation's top associate degree producers, and continues to be a top choice for recent high school grads, veterans, and nontraditional students throughout the region.

Founded: 1946



SUNY, # WERIE

State University of New York

Academic calendar: 2019 Summer session I: May 28 to July 8. 2019 Summer session II: July 9 to Aug. 15. Fall 2019 Semester: Sept.

3 - Dec. 21 Current enrollment: 10,529 (full and part-

time students)

Faculty: More than 800 full- and part-time

Tuition/costs: \$5,575 including fees (\$205 per credit) Financial aid: SUNY Erie offers a comprehensive program of student aid. Financial aid forms can be found online at www.ecc.edu/financialaid/aid-forms. For SUNY Erie scholarship information, visit the Foundation site at http://www.ecc-foundation.com/ scholarships-fund, or call 716-851-1990.

Admissions: For complete information about SUNY Erie admissions and registration policies, please visit our website at www.ecc.edu/admissions

Daemen College

4380 Main Street Amherst, NY 14226-3592 Phone: 716-839-8225 or 800-462-7652 Fax: 716-839-8229 Web: daemen.edu

Description: Daemen College focuses on providing the best of both worlds – integrating the intellectual qualities gained through a liberal arts education with the professional depth and rigor needed for success in a wide variety of careers.

Daemen's approach to education is personalized and immersive. Our small class sizes will give you the confidence and opportunity to engage regularly with faculty and your classmates. Key core competencies such as critical thinking and ethical discernment will prepare you to approach problems from multiple perspectives and to succeed in an ever-changing world. Internships, field placements, clinical assignments, and faculty-student partnerships in programs as diverse as art or the natural sciences give you real-life experience. No matter your major you'll have an opportunity to participate in related service learning opportunities – near-to-home or across the world.

(Watch our video at **Daemen.edu/ WhyDaemen**)

Daemen is home to the only NCAA Division II athletics in WNY and is a member of the East Coast Conference. Daemen's highly competitive athletics includes men's and women's basketball, cross country, soccer, tennis, track and field, and volleyball; men's golf, and women's bowling, cheerleading and triathlon. The school also has a new eSports program and a wide array of non-athletic clubs, organizations and artivities.

Daemen's suburban campus is located on Main Street in Amherst, NY. Explore the campus online:

Daemen.edu/VirtualTour

Daemen has been designated a Military Friendly School and a College of National Distinction.

Majors or Degrees Offered: Accounting, Animation, Art (Drawing, Graphic Design, Illustration, Painting, Sculpture, Visual Arts Education K-12), Athletic Training, Biochemistry, Biology (Adolescence

DAEMEN





Education 7-12, Environmental Studies), Biology/ Cytotechnology, Business Administration (Human Resource Management, International Business, Marketing, Operations and Supply Chain Management, Social Entrepreneurship, Sport Management), Business Administration/International Business, Business Administration and Local Sustainability, Data Science, Education (Adolescence Special Education - Students with Disabilities Generalist 7-12, Childhood Education



1- 6, Childhood Ed/Special Ed 1- 6, Early Childhood Ed/ Special Ed 8-2), English (Adolescence Education 7-12, Professional Writing and Rhetoric), French (Adolescence Education 7-12), Health Promotion (Community Health, Health and Fitness), Health Promotion/Public Health, History, History & Political Science (Adolescence Education 7-12, Environmental Studies), Mathematics (Adolescence Education 7-12), Natural Sciences (Environmental Studies, Forensic Science, Health Science), Nursing (1+2+1 Partner Curriculum Program and RN-BS), Paralegal, Physical Therapy, Physician Assistant, Political Science, Psychology, Religious Studies, Social Work/MSW, Spanish (Adolescence Education 7-12), Sustainability - Global and Local

Pre-professional studies: Daemen offers Pre-Dentistry, Pre-Medicine, Pre-Pharmacy and Pre-Veterinary programs with placement opportunities for several of these tracks with partner institutions, providing that all requisites, criteria, and standards are met.

Linked and 4+1 degree programs: Accounting BS/MS, Athletic Training BS/MS, Biology/Cytotechnology BS/MS, Business Administration/International Business BS/MS, Health Promotion/Public Health BS/MPH, Physical Therapy BS/DPT, Physician Assistant BS/MS, Social Work/MSW. Education majors have the

opportunity to get a Master's in Special Education or Applied Behavior Analysis.

Academic Calendar: 2019/2020: September 3 2019 - May 1, 2020

Current Enrollment: Approximately 1,700 Undergraduate and 800 Graduate Students

Student/faculty ratio: 12:1. Small classes allow students to get the individual attention they deserve.

Tuition/costs: 2018-19 Tuition: \$27,990, Room and Board: \$12,565

Financial Aid: Daemen offers generous merit scholarships: Over 93% of undergraduate students receive merit scholarships. Students who apply to Daemen will be considered for an array of scholarship awards. Grants are available for students with highneed eliqibility.

Admissions: Our Admissions staff will help guide you through the process from start to finish. We offer a rolling admissions policy. Apply online for free at daemen.edu/apply or commonapp.org. Visit Daemen! That's the best way to really get a feel for what Daemen has to offer. Schedule your visit at Daemen.edu/Visit. If you have any questions, contact us at 716-839-8225 or admissions@daemen.edu.





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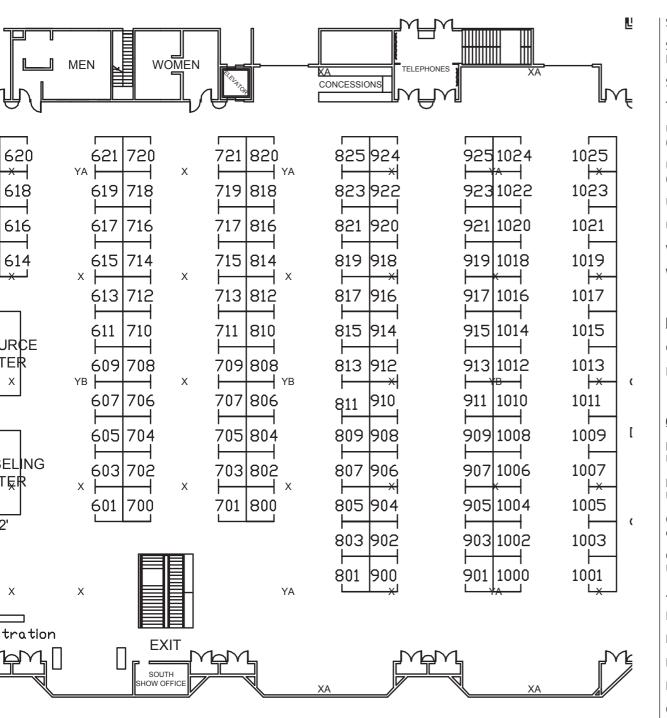
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D'Youville College

320 Porter Ave. Buffalo, NY 14201 Phone: 716-829-7600 Fax: 716-829-7900 Website: dyc.edu

D'Youville

Description: D'Youville is a vibrant, growing campus community with over 3,000 students offering over 50 undergraduate, graduate, and doctoral degree programs along with advanced certificates and accelerated learning programs. Degrees at D'Youville include nursing, medicine, pharmacy, and various health professions, as well as business and the liberal arts, producing graduates that enjoy employment rates over 90% in most programs they complete.

D'Youville is the number one private school in Western New York for highest post-graduation salaries ten years after admission, rated a top 20% economic value by The Economist Magazine, and has been consistently named as a top-college for veterans in the nation.

Offering fourteen NCAA Division III intercollegiate programs, D'Youville encourages students to balance inter-and-extracurricular activities integrating community service actives with coursework, ensuring graduates not only have the academic rigor necessary for their careers, but the skills to be leaders for the world of tomorrow.

Majors or Degrees Offered: Accounting BS, ADVANCE Business Management BS, Biology BA & BS, Business Management BS, Chemistry BS, English BA, Ex ercise and Sports Studies BS, Global Studies BA, Health Analytics BS, Health Services Management BS, History BA, Liberal Studies for Education BA, Mathematics BA

& BS, Nursing BSN, Online Nursing BSN Completion for Registered Nurses RN-to-BSN, Philosophy BA, Pre-Phar-macy, Pre-Professional Science Pre-Medical, Pre-Dental, Pre-Veterinary BS, Psychology BA, Public Health BS, Religious Studies BA, Spanish BA, Sociology BA, Accounting BS + International Business MS, Biology BA or BS + Anatomy MS, Dietetics BS + MS, International Business BS + MS, Occupational Therapy BS + MS, Physician Assistant BS + MS, Public Health BS + MS, Biology BS + Chiropractic DC, Physical Therapy DPT BS, Anatomy MS, Education MS — International Students, Family Nurse Practitioner MS, Health Services Administration MS, International Business MS, MBA Master's in Business Administration, Occupational Therapy MS, Psychiatric Mental Health Nurse Practitioner MS, Chiropractic DC, Educational Leadership EdD, Health Administration EdD. Family Nurse Practitioner DNP. Psychiatric Mental Health Nurse Practitioner DNP, Pharmacy PharmD, Physical Therapy DPT

Academic Calendar: Semesters **Current Enrollment: 3,000**

Faculty: 260

Tuition/costs: Approximately \$25,000 per year Financial Aid: FAFSA – Over \$16 million awarded in

Admissions: Rolling admissions. D'Youville or Common Application required; SAT or ACT for freshman;



Hilbert College

5200 South Park Ave. Hamburg, NY 14075 Phone: (716) 926-8780 Fax: (716) 649-1152

Web: www.hilbert.edu Email: admissions@hilbert.edu

Description: Hilbert College is an independent four-year, Catholic Franciscan Institution located in suburban Hamburg, New York only 10 miles south of Buffalo. Students from diverse backgrounds are educated in liberal arts and professional programs to become informed citizens committed to serving and strengthening their communities.

Founded: 1957

Degree programs: The liberal arts curriculum allows students to choose from 19 bachelor's degree programs, four 4+1 master's degree programs, two master's degree programs, and six associate's degree programs. Go to www.hilbert.edu for a complete

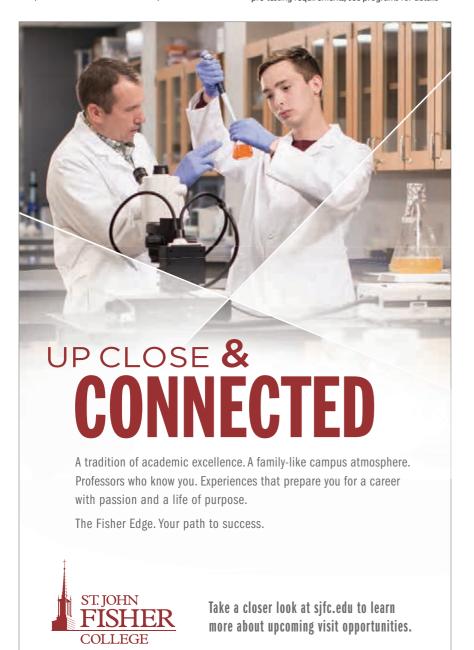
Academic calendar: Semester **Current undergrad enrollment: 800**

HILBERTCOLLEGE

Tuition: \$11,350 per semester for full-time undergraduate students. \$580 per credit hour for part-time undergraduate students

Financial aid: When students are accepted into any of our undergraduate programs at Hilbert, they are automatically considered for scholarships. Students can receive as much as \$52,000 in scholarships based on their academic transcript(s) as well as special qualities or areas of interest. Additional Hilbert grants and scholarships may also be awarded during the financial aid award process. Students must file a FAFSA early as these scholarships offers are limited. For a complete list of available Hilbert scholarships, visit our website at www.hilbert. edu or contact the Office of Admissions at admissions@ hilbert.edu or (716) 926-8780.

Admissions: Students may submit a fee-waived application online at www.hilbert. edu/apply, or via the CommonApp. Students can also request a paper application by calling the Admissions Office at (716) 926-8780.





Far enough to be on your own.

Close enough to come home with laundry.

Just two hours from Buffalo, FLCC is located on a scenic 250-acre campus in the heart of the Finger Lakes region. Stop by our booth to check out your options of degree programs, sports and student activities. For more details, visit flcc.edu, email onestop@flcc.edu, or call 585.785.1000!



Finger Lakes Community College

3325 Marvin Sands Drive Canandaigua, NY 14424 Phone: 585-394-FLCC Web: flcc.edu

Description: Finger Lakes Community
College was established in 1965 and
opened for instruction in 1967. Set on
a 250-acre, park-like campus, the College is part of the State University of
New York (SUNY) system. It is a public,
open access institution dedicated to providing a quality

open access institution dedicated to providing a quality education in a student- centered environment.

Majors/ degrees offered: FLCC offers more than 50 areas of study. In addition, the College offers honors studies, a winter session and summer sessions, online, travel and expedition courses, internships, high school dual-credit programs, non-credit and workforce training offerings, and Adult Basic Education/GED and ESL programs. FLCC also has transfer agreements with public and private four-year colleges and universities that allow graduates to transfer their credits in pursuit of bachelor's degrees.

Academic Calendar: 2019-20 Academic Year is September 3, 2019-May 16, 2020



Success. It's In Our Nature.

Founded: 1967

Current Enrollment: 5,956 full and part-time students enrolled in Fall 2018

Faculty: 114 full-time, 193 part-time 19:1 student to faculty ratio

Tuition/costs: New York State residents with Certificate of Residence (affidavit required) \$2292 per semester. (2018-19)

Financial Aid: Approximately 80 percent of the student population at FLCC receives some form of financial aid.

Admissions: Open admissions; rolling admissions.

Bring this checklist when making a college visit

very college visit should have at least two dimensions: formal and informal. Use this checklist to begin your planning. And don't forget to call the college ahead of time to schedule your visit. The admission office can help you hit all the highlights.

Formal

- Take a campus tour
- Have an interview with admission officer
- Participate in group information session at the admission office
- Sit in on a class (or two!)
- Talk to a professor (or two) in your chosen major(s)
- Talk to a coach in your chosen sport
- Talk to a student or counselor in the career center
- Spend the night in the dorm with a current student

Informal

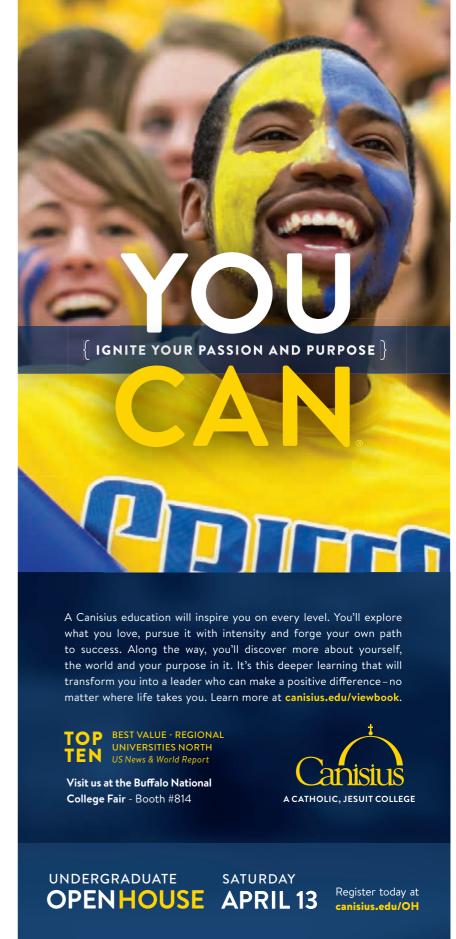
- Read the student newspaper, even the ads.
- Try to find other student publications department newsletters, alternative newspapers, literary reviews.
- Eat in the cafeteria.
- Ask a student why he/she chose this college, and what their favorite part



about it is

- Wander around the campus by yourself.
- Search for your favorite book in the library.
- Read the bulletin boards in the student union and in the academic department you're interested in.
- Ask a student what he/she dislikes about the college.
- Browse in the college bookstore.
- Eavesdrop on students to hear what they're talking (or complaining) about.
- Walk or drive around the community surrounding the campus.
- Find out how most students get around: Is there public transportation? Can you have a vehicle on campus?
- Ask a student what he/she does on weekends.
- Visit career services and ask about upcoming job opportunities.
- Look into clubs and organizations on campus that interest you.
- Listen to the college's radio station.
- Try to see a dorm that you didn't see on the tour.
- See if you can imagine yourself as a student at the college.

—National Association for College Admission Counseling, nacacnet.org



Put to the test: Preparing for SAT/ACT

tressed about standardized tests?
Here's some good news:
There's no need to cram.
Taking rigorous classes in high school is by far the best preparation strategy. That said, there are a few additional things you can do to make sure you do you perform well on test day.

Pick up a book: No, you don't have to plow through Moby Dick (though that wouldn't hurt)! But you should spend at least 15 minutes reading for fun each day. Choose books, magazines, and newspapers that you enjoy – everything from Harry Potter to The New York Times can strengthen your reading comprehension and vocabulary.

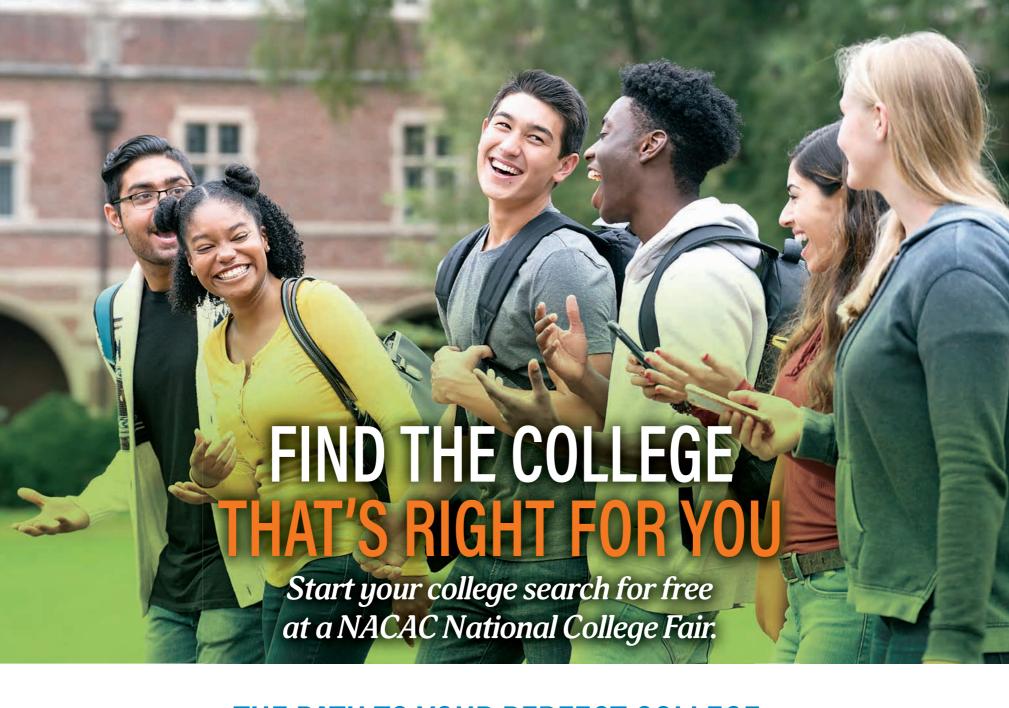
Hone your writing skills: Both the ACT and SAT include an optional essay section. Whether you're writing a research paper for school or working on your own short stories, your writing skills will improve with practice.

Strategize: Test-taking skills can be learned through practice. Both the ACT and SAT provide sample questions, and practice tests are available online. Try them out and look carefully at the questions you get wrong. If you find that certain types of questions or certain topics stump you, get some help from a teacher in those areas. For example, a math teacher can recommend a good book to review the basics of geometry or algebra.

come prepared: Set out everything you'll need (including your No. 2 pencils) the night before the test and get plenty of rest. Arrive at the testing center early and don't skip breakfast. It's harder to concentrate when you are hungry.

Relax: Scores are important, but they're not nearly as important as many students think. Although each college uses test scores differently, admission decisions are rarely based solely on test scores. In fact, your academic record—the courses you've taken and the grades you've received—is looked at much more closely than your test scores.

> —National Association for College Admission Counseling, nacacnet.org



THE PATH TO YOUR PERFECT COLLEGE BEGINS WITH COLLEGE FAIRS

Free and open to the public, NACAC fairs connect you to hundreds of colleges and universities in one location. Join us at a National College Fair in your area:

BUFFALO NATIONAL COLLEGE FAIR

WEDNESDAY, MARCH 20, 9 A.M.-12 P.M., 6 P.M.-8:30 P.M.
THURSDAY, MARCH 21, 9 A.M.-12 P.M.
BUFFALO NIAGARA CONVENTION CENTER

REGISTER FREE AT WWW.NACACFAIRS.ORG/NCF

to receive fair details, avoid lines onsite, and share your contact information with your choice schools.



NACAC National College Fairs are a program of the National Association for College Admission Counseling.

Niagara University

Office of Admissions Gacioch Family Alumni and Admissions Center Niagara University, NY 14109-2011 Phone: 716-286-8700 or 800-462-2111 Fax: 716-286-8710

Email: admissions@niagara.edu Web: niagara.edu

Description: Niagara University, founded in 1856 by the Vincentian community, is an independent, comprehensive, Catholic university. NU is annually praised by U.S. News & World Report, Colleges of Distinction and Money magazine for its ability to offer students a high return on their educational investment.

Founded: 1856

Majors or Degrees Offered: Over 80 majors and 56 minors: Bachelor of Arts, Bachelor of Science, Bachelor of Business Administration, Bachelor of Fine Arts, Associate in Arts, Associate in Science and an Associate in Applied Science degree are awarded by the Colleges of Arts and Sciences, Business Administration, Education, Hospitality and Tourism Management.

Pre-professional options: Pre-Dental, Pre-Law, Pre-Medical, Pre-Pharmacy, Pre-Veterinary and ROTC-Army

Master's degree programs: Master of Education and Counseling, Master of Business Administration, Master of Criminal Justice, Master of Finance, Master of





Sport Management, Master of Information Security & Digital Forensics and Master of Interdisciplinary Studies. Niagara also offers a Ph.D. in Leadership and Policy. For more details, visit www.niagara.edu/graduate.

Dual/combined degree programs: BBA/MBA in



Health Counseling, and BS/ MS in Criminal Justice. For details, go to www.niagara. edu/admissions.

Academic Calendar: Fall semester: Aug. 27 to Dec.13.

Spring semester: Jan. 22 to May 14. Dates of summer semester varies.

Current Enrollment: 3,200 undergraduates

825 graduate students.

Faculty: 150 faculty members. Average class size is 20 students. With a student to faculty ratio of 12:1.

Undergraduate tuition/ costs: 2017-18 academic year \$30,500 tuition; \$1,450 fees.

Housing options: 1,500 students are housed in five residence halls, six student apartments and six

varsity village houses. Housing options include singles, doubles and triples. Housing is generally coed with the exception of Varsity Village, which offers single-gender housing.

Housing costs: For 2017-2019, annual room and board fee for freshmen is \$12,950.



Financial Aid: Ninety-nine percent of entering freshmen and transfers receive financial aid. This aid may come in the form of merit scholarships, loans, grants, or campus employment. For additional information, contact the Admissions Office or Financial Aid Office at 1.800.462.2111 or go to www.niagara.edu/scholarships-financial aid.





OF NEW YORK

Niagara County Community College

3111 Saunders Settlement Road Sanborn, NY 14132 Phone: 716-614-6222 Fax: 716-614-6820 Web: niagaracc.suny.edu, nfculinary.org

Description: Niagara County Community College (NCCC) is centrally located in Niagara County, NY, minutes from Buffalo, Niagara Falls, the Canadian border and many his-

torical destinations. Located on 285 beautiful acres, the Sanborn campus consists of eleven buildings, connected by an interior walkway. The college has over 60 degree and certificate programs, including ten complete online degrees and over 100 online courses. In addition, many students participate in credit-free offerings, short-term vocational programs, and many social and cultural events. NCCC offers over 40 student clubs and organizations, intercollegiate athletics, and and on-campus student housing which includes furnished apartment style suites. For more information on housing, visit: www.niagaracc.suny.

edu/housing.

NCCC has over twenty articulation and dual admission agreements with 4-year colleges and universities, allowing for the seamless transfer of credits. The unveiling of the state-of-the-art Learning Commons in September 2018 demonstrates a commitment to investing in the future of our students, while delivering a quality education at an affordable price.

Majors and degrees offered:
More than 60 degree and certificate programs, including Liberal
Arts and Sciences, Criminal Justice,
Baking and Pastry Arts, Nursing,
Sport Management, Computer
Science, Animation. and Environmental Studies

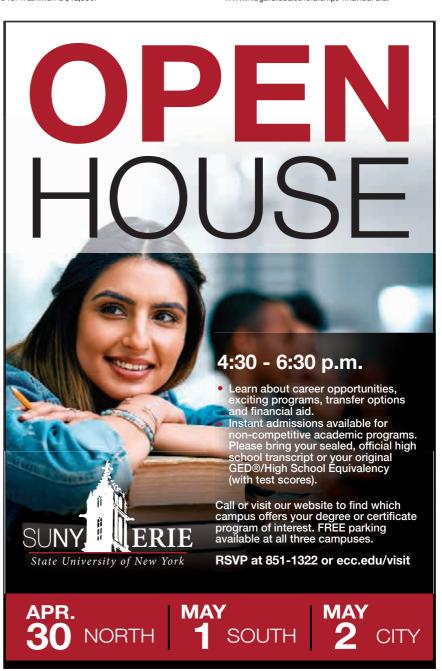
Academic calendar: Fall, winter, spring and summer

Current Enrollment: 5,214

Faculty: 98 full-time teaching faculty

Full Time Tuition/costs: \$4,392 annually plus fees Financial aid: Email finaid@niagaracc.suny.edu or call (716) 614-6266.

Admissions: Open enrollment policy. No application fee. E-mail admissions@niagaracc.suny.edu or call (716)614-NCCC (6222) for more information.





arious magazines publish their college rankings issues every year, generating a lot of attention from the media, colleges, and college-bound students and their families.

But what are they really telling you? Should these rankings have any influence on what college you choose?

The short answer: No.

Just because a magazine says that a particular college is No. 1 doesn't mean that it would be a good fit for you. So do yourself a favor. Relax, take a deep breath, and vow to avoid the hype and hoopla.

Just as no single factor determines a student's admission decision, you should not apply to a college based solely on its national rankings.

One reason? Lists of the country's "best" colleges and universities tend to reduce and simplify complex concepts, according to a 2011 NACAC report on the issue. Key factors, such as learning outcomes and student

engagement, are often overlooked, in part because no such data is available on a comparable basis.

And perhaps more importantly, a college's rank cannot predict the type of experience you will have after you enroll.

Fully engaging in academic and campus life is the best way to make the most out of your college years.

Rankings aren't completely useless. The lists can provide a good starting point for researching different colleges and universities, and even help you discover schools you may not have heard of before. So go ahead and read the college rankings magazines.

But then take some time to ponder the factors – from location to academic offerings – that matter most to you. Create a college list that reflects those elements, make campus visits, and trust your gut.

Ultimately, your No. 1 college is the school that's the best fit for you.



Trocaire College

360 Choate Ave. Buffalo, NY 14220 Phone: 716-827-2545 Fax: 716-828-6107 • Web: trocaire.edu

Description: Trocaire College is a private, career-oriented Catholic college founded in Buffalo by the Sisters of Mercy in 1958.

Trocaire offers degrees and workforce development programs in the thriving industries of healthcare, business, hospitality and technology and strives to empower students toward personal enrichment, dignity and self-worth through education.

Newly offered for the first time in 2019 are programs in Cybersecurity and Data Analytics, which speaks to Trocaire's commitment to offering education in cutting-edge fields with job opportunity.

In addition, the Massage Therapy Certificate program has been recently revamped and is now the fastest route to certification in Western New York. The newly reimagined program takes just 10 months to complete.

At Trocaire, students from all backgrounds and experiences discover the welcoming community and intensive support they need to succeed.

Baccalaureate Degrees: Healthcare Informatics, Online BS in Nursing **Associate Degrees:** Computer Network AdministraTROCAIRE C O L L E G E

tion, Cyber Security, Data Analytics, General Studies, Health Information Technology, Healthcare Informatics, Hospitality Management, Human Resource Management, Massage Therapy, Medical Assisting, Nursing, Radiologic Technology, Surgical Technology

Certificates: Computer Network Administration, Data Analytics, Diagnostic Medical Sonography, Echocardiography, Healthcare Informatics, Hospitality Management, Human Resources Management, Massage Therapy, NursingBaccalaureate Degree Programs: Healthcare Informatics, Nursing.

Academic Calendar: Fall and spring semesters, summer sessions also available.

Enrollment: 1,283 (FT and PT)

Tuition: \$8,645 per semester (FT); \$715 per credit

Faculty: 167 (FT and PT)

Financial Aid: 97% of Trocaire students receive some form of financial aid, such as scholarships, grants, loans or work study.

Admissions: Trocaire offers a no-fee application online and has a rolling admissions policy. In-person visits are encouraged! For more information or to get started, visit ww.trocaire.edu/visit or contact the Admissions Office at info@trocaire.edu or 717-827-2545.

Ask the admission office

sk the Admission Office Ask the Admission Office is a series of six checklists that will help you determine what to ask colleges or universities before you apply. This is developed by NACAC in collaboration with its Inclusion, Access, and Success Committee.

Diversity on Campus

One benefit of going to college is meeting students from different backgrounds. Diversity on a college campus can mean differences in race, religion, ethnicity, gender, geography.

- Is enrolling a diverse student body part of your institution's mission statement?
- How will I find people like me and/ or faculty and administrators who will understand my experience?
- What does diversity look like to this college/university (e.g., race, ethnicity, sexual orientation, gender identity, and religion)?
- What does diversity look like in the surrounding off-campus community?
- What places of worship are available on and near campus (e.g., mosques, synagogues, churches, and prayer rooms)?
- Are professors supportive of students who may need to miss class for religious purposes?

Student Organizations and Support

This checklist can help you find an organization or issue that captures your current interests or piques new ones.

What student organizations on campus recognize and celebrate my interests (academic, cultural, service)?



- How can I connect with students to learn more about organizations (individualized tour, sit in on a class, fly-in program, overnight experience, shadow a student for a day)?
- What specific support services are available on campus for someone like me (mental health counseling, disability services, financial advice)?

Financial Aid

Paying for college is big piece of the admission process and can be a concern. There are many financial options that help make college more affordable.

- Who can walk me and my family through the financial aid process and types of assistance (e.g., scholarships, grants, long)?
- Can someone explain what the actual cost of attendance may look like once financial

- aid is taken into consideration?
- What is the process for applying for a scholarship at your institution?
- What employment opportunities are available on campus?
- If I am unable to pay the application fee, does your institution accept fee waivers?
- Is financial aid available to undocumented students or students with DACA status?
- What financial aid is available if I am a transfer student?

Academic Support

Learning in college is very different from learning in high school. In college, the most successful students are the ones who seek help before they need it.

- What academic support services are available (advising, tutoring)?
- Does your institution have academic flexibility? How will your institution

- support my academic goals?
- Are there opportunities to experience classes/campus life?
- How does your institution support undecided students?
- Can you speak about outcomes? First-year to second-year retention rates? Graduation rates?

Campus Safety

Being a member of a campus community means ensuring you feel welcomed and safe.

- Is your institution committed to keeping campus safe?
- Can you explain your policy for notifying the campus community when an incident occurs?
- After an incident occurs, how do administrators address it with the campus community?
- Is there a process to report discrimination?
- Are campus safety officials trained in cultural sensitivity?

Housing

 Does your campus offer living and learning communities for people who have similar identities or interests sim-

ilar to mine (LGBTQ, honors, community service)?

- How are roommates matched? Am I able to choose my roommate?
- What is the room set-up of your campus housing (single, double, triple, quad, single bathroom, or community bathroom)?
- What does campus housing look as a transfer student?

An #UpClose Look at St. John Fisher College

ST. JOHN

COLLEGE

St. John Fisher College

3690 East Avenue Rochester, NY 14618 Phone: 585-385-8064 Fax: 585-385-8386 Website: sjfc.edu/ freshman

Description: Founded on the principles of teaching "goodness, discipline and knowledge," St. John Fisher College is known for its strong liberal arts curriculum and exceptional program offerings

in the natural sciences, social sciences, humanities, business, nursing, and pharmacy. The College has experienced unprecedented enrollment growth in the past decade while still maintaining a student-to-faculty ratio of 12:1

Today's students can take advantage of the latest in technology-enabled learning, state-of-the-art science and computer labs, first-rate residence halls, and some of the finest athletic facilities in Western New York.

Through The Fisher Edge—the College's new approach to help students achieve their academic and professional goals—students will work with career and academic planning advisors who will help them excel academically, explore careers and industries,

develop professional skills and experiences, and earn their degree on time.

In addition, Fisher's Study Abroad program gives students access to more than 100 programs around the world, including Europe, Latin America, Southeast Asia, and Africa. And unlike

many other colleges, Fisher's financial aid travels with them.

A variety of for-credit internships offer students the opportunity to apply the knowledge and skills they have learned in the classroom to "real" world work experiences. Fisher students have interned for Merrill Lynch, Buffalo Bills, March of Dimes, The Golf Channel, Big Brothers/Big Sisters of America, Cleveland Cavaliers and Clear Channel Radio, to name a few.

Villa Maria College

240 Pine Ridge Road Buffalo, NY 14225 Phone: 716-961-1805 Fax: 716-896-0705 Email: admissions@villa.edu

Web: villa.edu

Description: Villa Maria is hosting its Spring Open House on Saturday, March 30 from 10:00 AM-12:00 PM! You can come to campus to learn about our 9:1 student-to-faculty ratio,18 academic programs, unmatched level of student support and growing athletics teams.

While you're here, get a taste of what it's like to be a student at Villa. Start with your program of study: game design, computer software development, animation, PTA, music, game design, filmmaking, communications, and more. Chat with your future professors – people who have worked in their field for years and are dedicated to helping you succeed.

Whatever program you choose, you'll be supported by a robust-network of student services focused on helping you succeed in our inclusive community, which is why you should make your next stop to our Student Success Center. Here, you can meet your future academic advisor and the rest of the team that is here to help you



where talent takes you

meet your academic, social and professional goals. Before you go, head on down to the athletic center, and check out where you can get in a quick workout before cheering on the Villa Viking basketball, bowling, cross country, and soccer teams.

Start your journey today by registering for Spring Open House at Villa.edu/spring-open-house-2 and come see where your talent can take you.

Founded: 1961

Degrees offered: Bachelors, Associates.

Tuition & Fees: Approx. \$22,080

Housing: \$605/month at Collegiate Village, the exclusive housing partner of Villa Maria College.

Application Deadlines (freshmen): Rolling

Make the most of your time with your time with your Counselor

chool counselors are one of the best sources of support for students who plan to go to college. They can provide guidance and support throughout the entire process. If you are lucky enough to have access to a counselor in your school, it is in your best interest to visit that person on a regular basis.

Throughout your high school years, your counselor can help you:

- Plan classes that will prepare you for college admission and success.
- Review your academic record and suggest areas that need improvement. If you need to do some catching up, your counselor can help.
- Begin the admission process by identifying the questions you should be asking – and finding honest answers.
- Clarify and understand terms that you will encounter during your college search and selection process.
- Identify special opportunities that may maximize your chances of being a wellprepared and appealing candidate to colleges.
- Register for college admission tests such as the SAT and ACT.
- Secure applications, identify deadlines, and prioritize the tasks you need to complete as you apply for college.
- Apply for fee waivers when signing up for tests or submitting applications.
- Polish your applications and any required college essays so that the product you send to colleges will represent the best of your thinking and writing abilities. Make sure you take a rough draft to your counselor early on. Leave plenty of time for revision and rewriting.
- Explore options to pay for college.
- Provide a letter of recommendation to colleges or universities.
- Compare offers of admission and financial aid.

Most school counselors advise several students. Here are a few things you can do to make it easier for your counselor to provide you with assistance:

Make appointments early and show up
 on time.



- Submit any forms that require counselor completion well in advance of due dates.
- Carefully follow any procedures that have been established by your school for securing transcripts and turning in applications and related forms.
- Whenever possible, make copies of everything you give to your counselor. Sometimes, with so much paper, things get lost.
- Make sure you keep your counselor in the loop when colleges inform you of their admission decisions. If there are any problems which arise, your counselor can advocate on your behalf.
- Whenever you have questions don't hesitate to return to your counselor for advice, especially if you feel you are being asked by a college to do something that just doesn't seem right. Your counselor will know the rules governing college admission.
- If you think it would be helpful, try to schedule a meeting with your counselor and your family. There are parts of the college application process that will require their assistance. This is particularly true when it comes time to complete financial aid applications.
- Finally, when all is said and done, and you have made it successfully through the college selection and admission process, make sure you take time to thank your counselor. Your expression of gratitude will build a reservoir of goodwill should you need to return for further assistance at any time in the



The College Visit

dmission offices are open all year, but visiting when classes are in session is best. If you visit in the summer, you can certainly learn about admission and get a general tour of the campus, but it might be hard to get a good sense of the atmosphere of the college.

The best time to visit? Spring break of your junior year can be ideal. Even if you are not certain where you might eventually apply, if you can visit one large, one medium size, and one small school, you will be better prepared to make final decisions about where to apply.

Once you have narrowed your list in the fall of your senior year, you may want to make return overnight visits to schools to which you will be applying. On these visits, plan to go to classes and interact with students. Some colleges even offer spring programs for juniors and fall programs for seniors. Check online or contact the admission office.

How to Plan a Visit

A good campus visit takes two to four hours – enough time to get a sense of the surrounding town or area. Don't try to visit more than two schools in one day.

Call the admission office at least two weeks ahead of time to schedule your visit. Admission offices have set times for tours and information sessions.

Think of all the things you want to do when you visit and ask the admission office for help planning your visit. Do you want to take a tour? Attend a class? Meet with a

professor? Eat a meal on campus? Talk with a coach or advisor? Research each college before you visit so

you'll have specific questions to ask.

Contact any students you know at the school before you visit to learn more about

the college.

During Your Visit

- Focus on people, places, and programs during your visit.
- Talk to as many people as you can students, dining hall workers, tour guides, and faculty.
- Look at the student newspaper and check out campus bulletin boards.
- Wander through the quad or student center and observe how students interact with each other.
- Keep track of the names of people you talk with, especially in the admission office.
- Go to the admission session and take the official tour.
- If you are meeting or interviewing with an admission staff member, be on time, be yourself, ask good questions, and mention anything about your background or achievements that you want the admission office to know.

After the Visit

- Fill out the College Comparison Worksheet.
- Send a thank you note to any admission representatives you met.
- Look ahead to fall of your senior year to plan a follow-up, overnight visit.



BY SEAN NYHAN

college education might be the American dream, but if you're a first-generation student it's time to wake up. Acceptance to college is only the first step on your journey to realizing a degree.

Reading that glorious letter affirming your entrance into next year's freshman class might feel like the opportunity you've been waiting for your entire life; and rightfully so. But after you celebrate, consider the unfortunate statistics that persist among your first-generation peers.

Studying the 10-year academic trajectories of students from sophomore year of high school moving forward, the Department of Education (DOE) found that around 20 percent of first-generation college students had obtained a bachelor's degree within a decade, compared with 42 percent of continuing generation students – a term researchers used to describe students with at least one parent who had attended college.

Students drop out of college for many reasons: overwhelming financial burden, family emergency, stress, illness or just plain lack of interest. And while it might seem like tuition would be their biggest barrier, first-generation students are only 10 percent more likely than continuing-generation students to report financial issues as their reason for falling off the college track.

Then why are first-generation students so much more vulnerable?

First of all, before you panic, know that you are just as prepared academically as your

College knowledge

nswer each of these questions in a few words.

These are your own thoughts. There are no right or wrong answers. Share them with your college counselor and parents as you begin to think about college.

- What do you think of when you hear the word "college"?
- Who do you know who goes to or has been to college? Where?
- Why do you think students continue

on to college after high school?

- What jobs do you think require a college education?
- What colleges do you know about? How do you know about these colleges?

What other things do you think that you can do in college besides study and take classes?

Why do you want to go to college?

Adapted from Addressing the Needs of First-Generation, College-Bound Students: A Comprehensive 5th–12th Grade Approach by Joshua Cabral.

peers. There is no evidence that points to academic ability as the cause for lower graduation rates among first-generation students. In fact, most of the pitfalls ahead are avoidable.

Angela Conley manages the program known as EMERGE, a group within the Houston Independent School District that connects students from underserved backgrounds with colleges and universities. Aside from financial concerns, Conley most often hears two dominant fears from first-generation students: "Will I fit in with students from the middle and upper classes?" and "How do I best prepare so that I don't fail?"

"Many are intellectually ready for the coursework, but flummoxed by the social wherewithal," Conley says. "Many of my

former advisees are intimidated more by the social scene."

For students representing the first in their families to attend college, the ability to adjust to very different social circles can mean the difference between graduating and dropping out. Furthermore, while first-generation students have always faced uphill battles, Conley named several issues unique to today's academic environment. There is, of course, the behemoth that is social media, which can intimidate as much as it connects.

Bullying, shaming, and a generally combative atmosphere are all too commonly reported on social media channels. And, of course, today's divisive political climate doesn't make things any easier. Conley's students worry

about very real threats like on-campus hate groups and the horror and frequency of campus shootings.

All students worry about one or more of these issues at any given time. For first-generation students, though, these anxieties can loom larger, like an allergy that affects some members of the population more than others.

As a means to cope with uncertainty, Conley strongly encourages first-generation students to immerse themselves in simulated college experiences, like competitive summer prep and bridge programs and visits to campuses that include overnight stays in real dorm rooms.

Conley also recommends exposure to a healthy diet of diverse books, articles, and other accounts outside of your own bubble. This, she says, will help "students build both collegiate grammar and vocabulary, as well as a sensibility of other global realities beyond their primarily American experiences."

Through this exposure, both in person and via secondhand narratives, you can feel more comfortable about college, even if you're venturing into new territory. And don't fret; you're not alone. Here are some great resources to help you prepare for the reality of college:

- l'm First!: An online community supporting first-generation students
- FastWeb's Field Guide for First-Generation College Students: Tips for navigating the college admission process
- **College websites:** Many campuses provide unique on-campus resources for first-generation students.

- National Association for College Admission Counseling, nacacnet.org





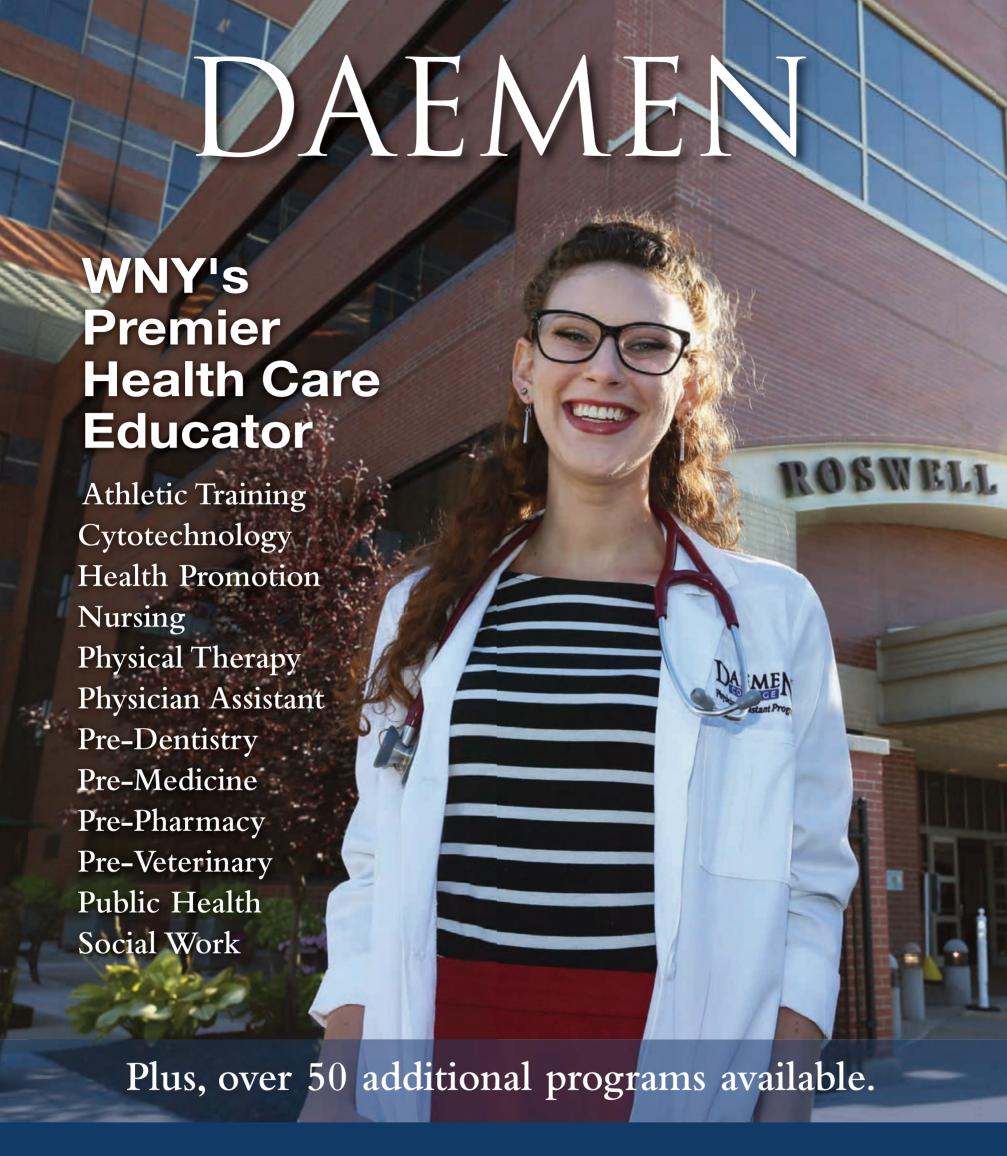
Visit and see what makes us #1!

Saturday, March 30 Sunday, April 7



REAL-WORLD





Register today!

Spring Open House | Saturday, April 13

8:30a.m. - 1:30p.m.

Daemen.edu/OpenHouse · 716.839.8225